

BC FAMILY HEARING
resource ★ society

MINDFUL PARENTING: COMMUNICATION CONNECTIONS

**BC Family Hearing
Resource Centre
presents an evening with
Elizabeth Seeliger, Au.D.**

Dr. Seeliger is the founder and CFO of Global Impact Audiology. She has worked to implement early hearing detection and intervention programs for more than 15 years and as a clinical audiologist in a variety of settings. Dr. Seeliger is also a graduate of the University of Wisconsin Infant, Early Childhood and Family Mental Health Advanced Practice Certificate Program.



“Mindful Parenting: Strengthening communication through attunement, connection & emotion coaching.”

Communication can only develop in the context of primary relationships. This evening will provide opportunities to explore how attending to the parent-child relationship can foster communication development of children who are deaf or hard of hearing. Attendees will learn about using mindfulness to cultivate attention, promote social emotional well-being and find the joie de vivre of parenthood. Participants will explore the ingredients of mindfulness and how they relate to parenting attitudes, beliefs and practices. There will be opportunities for discussion, interaction and practice. Unique consideration will be given to the ways in which the early identified hearing differences may impact relationships and family dynamics

TUESDAY, OCT. 4TH,
6:30-9:00PM

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BC FAMILY HEARING
RESOURCE CENTRE

This event is free of charge and open to all families receiving services from any of the three Early Intervention agencies: BC Family Hearing Resource Centre, Deaf Children's Society and Children's Hearing & Speech Centre of B.C.



**Please RSVP by September 29th to
BC Family Hearing Resource Centre.**
Please click the link below to fill out the

RSVP/Registration Form:

<https://goo.gl/4MIT0h>

Light refreshments will be provided.
No childcare available for this event.

30 years of making futures bright



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**In collaboration
with the BC Early
Hearing Program.**
